

Form a Plunging Team

It takes only one person to inspire others to get involved. Experience the Plunge with your coworkers, family and friends and Plunge as a team.

1. A team consists of more than one person. You'll probably find that your recruits are able to recruit even more plungers for your team.
2. Get the whole team involved with selecting your team theme and costumes. We do award prizes for best team theme, plus teams seem to have more fun when they are all in costume together.
3. As team captain, register online by clicking on the registration link at www.sone.org. You will click on "become a fundraiser" and follow the next steps. You will be able to create your team name and then share that name with your team members so they can register and join your team.
4. Distribute plunger information to team members. Each plunger must register as an individual, but they should link themselves to your team. You may also want to give each person a copy of the registration form to help manage so they have all the details of the plunge. Make sure that each plunger knows your team name so they can select it if registering online. Also, remember, each member of the team must raise \$50 to Plunge.
5. At the Plunge: determine if you will handle everything for your team, including the responsibility of checking in the entire group and getting their wristbands (these are for incentive redemption) or have each person do it themselves.
6. After you plunge join all the other teams and plungers at the post-plunge party. You can pick up your incentives, possible win prizes, eat and enjoy the afternoon with your team.

